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My dear Little Flower,

On this solemn day of celebrating the Body and Blood of Jesus Christ (the Feast of *Corpus Christi*), it is with great joy that I share with you the news of our recent participation in the National Eucharistic Pilgrimage, which took place in the Diocese of Metuchen. This unprecedented outpouring of grace was a powerful reminder of the centrality that the Holy Eucharist plays in our lives as Catholics.

We joined the Seton Route. We experienced a profound sense of unity with our fellow pilgrims as we worshiped together, prayed together, and shared our stories of faith in Eucharist.

During Adoration on Monday, May 27th, a prayerful reflection was given on the connection of our journey as Catholics and pilgrims to the beauty of the mystery of the Eucharist. We are all pilgrims on a journey, seeking to find our way to God. The Eucharist is a gift that helps us on this journey, providing us with sustenance and strength along the way. When we receive the Eucharist, we are not only receiving Jesus but also becoming part of a community of believers. We are united with one another and with Jesus in a profound way. The Eucharist is a gift that we cannot take for granted.

On Tuesday, May 28th, I walked 6 miles, with some of our Little Flower parishioners from the Cathedral of St. Francis of Assisi in Metuchen to St. Peter the Apostle University and Community Parish, in New Brunswick, NJ.

The ongoing National Eucharistic Pilgrimage is a transformative experience for all; on a parish level, we can continue to spiritually join the pilgrims from our own parish by coming together as a community in prayer, uniting our prayers with the nationwide pilgrims throughout the country during Mass. This National Eucharistic Pilgrimage movement is a time of deep encounter with Jesus in the Eucharist - all across the land, a time of renewal of our faith, and a time of recommitment to our mission as missionary disciples - here and beyond our parish.

I encourage you to learn more about the National Eucharistic Revival and to consider participating in future events (<https://www.eucharisticpilgrimage.org/>). The Eucharist is the source and summit of our Catholic faith, and the National Eucharistic Revival is a powerful movement to help us rediscover the beauty and power of this great gift.

Your parish priest,
Fr JC Merino